

# Kindergarten Students Need Good Dental Health



## What is the Kindergarten Oral Health Assessment? (KOHA)

- For KOHA, your child needs a quick check by dental staff to see if they have dental problems.
- This check must be done before starting kindergarten, or by the end of the first year.

## Why is KOHA important?

- More than half of children starting kindergarten already have cavities.
- Untreated cavities can cause pain and infection that can spread to other parts of the body.
- Poor oral health can make it hard for children to chew food, sleep at night, or socialize.
- Children with dental problems are more likely to miss school.
- A basic dental check can find problems before they become more painful.



## How do I get a Kindergarten Oral Health Assessment for my child?

- If you have a dentist for your child, contact that office for an appointment.
- Bring the form to the dental appointment. Available in [English](#) and [other languages](#).
- After the dental appointment, bring the completed form to your child's teacher.



**[Need a dentist](#)** who serves children enrolled in Medi-Cal?  
See [dental.acphd.org/](http://dental.acphd.org/) or call (510) 208-5910.

**For more**, go to Smile, California at [smilecalifornia.org/](http://smilecalifornia.org/) or call (800) 322-6384.

