

Need a ride to your dental appointment? Medi-Cal can help!

Non-Medical Transportation (NMT)

You can use NMT for dental or medical appointments covered by Medi-Cal. You can use it to pick up prescriptions, medical supplies, or equipment.

Ask for a ride 5-10 days before your appointment. If you have many future appointments, your medical or dental provider can arrange transportation in advance for you.



For help with an NMT ride:

- If you are enrolled in a health plan, call your plan's Member Services.
- If you are enrolled in a Medi-Cal Dental Managed Care (DMC) plan, you may ask for a ride with:
 - [Alameda Alliance for Health](#) (866) 791-4158
 - [Anthem Blue Cross](#) (877) 931-4755 (TTY 711)
- If you have trouble getting a ride from a health plan, DMC plan, or local Medi-Cal office, call:
 - Telephone Service Center** (800) 322-6384
 - Medi-Cal office** (510) 263-2420

Non-Emergency Medical Transportation (NEMT)

Medi-Cal offers NEMT services to members based on a medical need including:

- Wheelchair vans
- Litter vans
- Ambulances
- Air transportation



For help with an NEMT ride:

If you have a Dental Managed Care plan, call Member Services. You will need a prescription from a licensed provider.

Alameda Alliance for Health Member Services (510) 747-4567

Anthem Blue Cross Member Services (800) 407-4627

If you have Fee-For-Service Medi-Cal, your dentist or doctor can help you set up the NEMT ride.

